

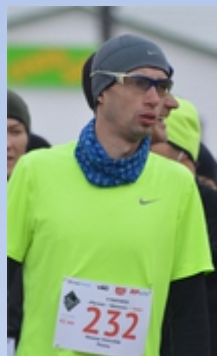
# The 5<sup>th</sup> Marathon «MUCHKAP-SHAPKINO – **LUBO!**»

## November 5, 2016

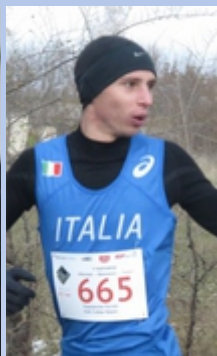


**The Largest Athletics Marathon of the Russian Chernozem Region!**

**WINNERS, 42,195 km**



1. Imenin Aleksandr,  
№ 232



2. Khoroshilov  
Ruslan, № 665



3. Ruchnikov Egor,  
№ 811



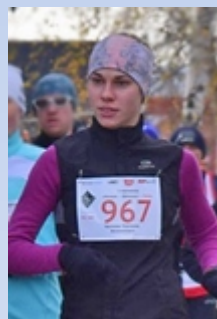
4. Orlov Aleksandr,  
№ 437



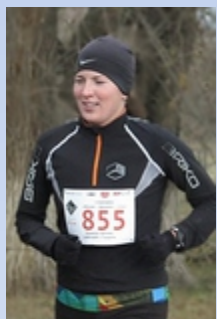
5. Ermakov Denis,  
№ 192



6. Demyanov Vladislav,  
№ 164



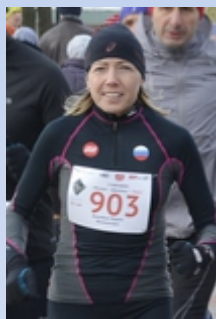
1. Matveeva  
Ekaterina, № 967



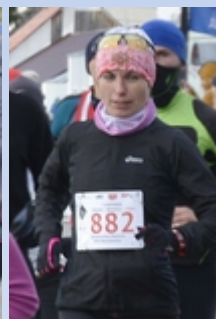
2. Buravova Svetlana,  
№ 855



3. Sycheva Tatyana,  
№ 1047



4. Zhalybina  
Marina, № 903



5. Dvoryaninova  
Lyudmila, № 882



6. Bulavintseva  
Anastasiya, № 1138

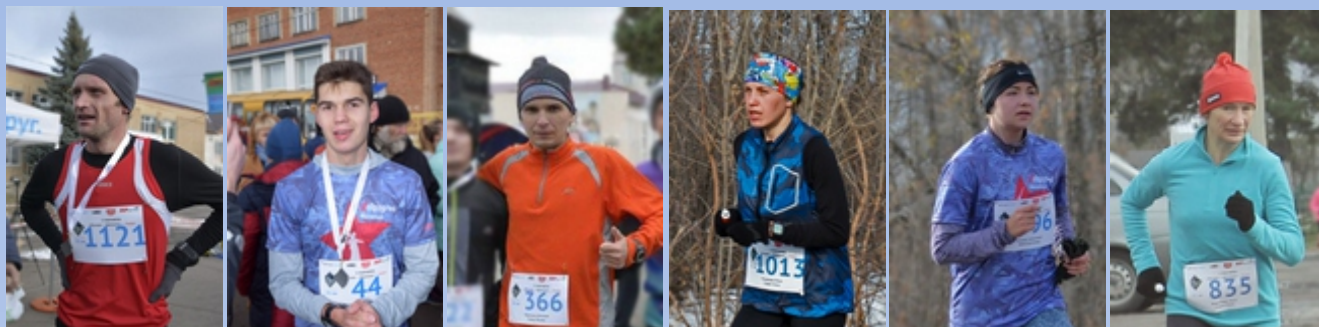
| MEN  |        |                    |               |         | WOMEN |        |                         |                |         |
|------|--------|--------------------|---------------|---------|-------|--------|-------------------------|----------------|---------|
| Rank | Number | Name               | City          | Time    | Rank  | Number | Name                    | City           | Time    |
| 1.   | 232    | Imenin Aleksandr   | Ryazan        | 2:26:40 | 1.    | 967    | Matveyeva Yekaterina    | Zheleznogorsk  | 3:00:46 |
| 2.   | 665    | Khoroshilov Ruslan | Biryuch       | 2:33:26 | 2.    | 855    | Buravova Svetlana       | Tolyatti       | 3:04:31 |
| 3.   | 811    | Ruchnikov Yegor    | Kamyshin      | 2:37:50 | 3.    | 1047   | Sycheva Tatyana         | Ryazan         | 3:04:55 |
| 4.   | 437    | Orlov Aleksandr    | Vladimir      | 2:38:12 | 4.    | 903    | Zhalybina Marina        | Zheleznogorsk  | 3:07:18 |
| 5.   | 192    | Yermakov Denis     | Zheleznogorsk | 2:38:38 | 5.    | 882    | Dvoryaninova Lyudmila   | Yuzhnouralsk   | 3:13:56 |
| 6.   | 164    | Demyanov Vladislav | Vladimir      | 2:40:49 | 6.    | 1138   | Bulavintseva Anastasiya | St. Petersburg | 3:23:58 |

# The 5<sup>th</sup> Marathon «MUCHKAP-SHAPKINO – LUBO!»

November 5, 2016

## The Largest Athletics Marathon of the Russian Chernozem Region!

### WINNERS, 21,098 km



1. Saenko Viktor,  
№ 1121

2. Barelnikov Daniil,  
№ 44

3. Martynov Dmitriy,  
№ 366

1. Ryzhankova Julia,  
№ 1013

2. Petrova  
Aleksandra, № 996

3. Andrianova Olga,  
№ 835

| MEN  |        |                   |           |         | WOMEN |        |                    |            |         |
|------|--------|-------------------|-----------|---------|-------|--------|--------------------|------------|---------|
| Rank | Number | Name              | City      | Time    | Rank  | Number | Name               | City       | Time    |
| 1.   | 1121   | Saenko Viktor     | Liski     | 1:11:44 | 1.    | 1013   | Ryzhankova Julia   | Sary Oskol | 1:26:56 |
| 2.   | 44     | Barelnikov Daniil | Volgograd | 1:12:19 | 2.    | 996    | Petrova Aleksandra | Volgograd  | 1:31:00 |
| 3.   | 366    | Martynov Dmitriy  | Moskva    | 1:17:23 | 3.    | 835    | Andrianova Olga    | Sary Oskol | 1:33:57 |

### WINNERS, 10 km



1. Popov Sergey,  
№ 495

2. Leonenko Artem,  
№ 417

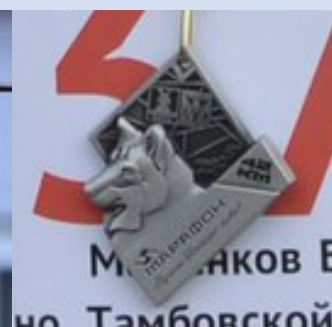
3. Popov Aleksey,  
№ 491

1. Sukhankina  
Viktoriya, № 1093

2. Vasilchenko  
Ekaterina, № 859

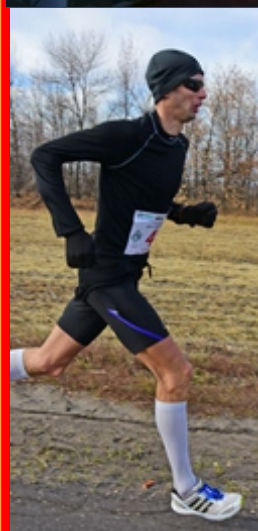
3. Strelkova Olga,  
№ 1042

| MEN  |        |                |          |         | WOMEN |        |                       |           |         |
|------|--------|----------------|----------|---------|-------|--------|-----------------------|-----------|---------|
| Rank | Number | Name           | City     | Time    | Rank  | Number | Name                  | City      | Time    |
| 1.   | 495    | Popov Sergey   | Voronezh | 0:30:23 | 1.    | 1093   | Sukhankina Viktoriya  | Volgograd | 0:37:45 |
| 2.   | 417    | Leonenko Artem | Uvarovo  | 0:30:41 | 2.    | 859    | Vasilchenko Ekaterina | Donetsk   | 0:40:59 |
| 3.   | 491    | Popov Aleksey  | Voronezh | 0:31:24 | 3.    | 1042   | Strelkova Olga        | Ryazan    | 0:42:55 |



# The 4<sup>th</sup> MARATHON «MUCHKAP-SHAPKINO - *LUBO!*»

## November 4, 2015.



The three-time winner of the marathon "Muchkap - Shapkino - *Lubo!*" at a distance of 42 km 195 m is Alexander Imenin, number 49, Ryazan.

The 4th Marathon "Muchkap-Shapkino - *Lubo!*", the largest marathon of the Black Soil region, took place in the village of Muchkap, Tambov region, on November 4, 2015.

More than 400 runners ran marathon, half-marathon, and 10km distances. Young athletes took part in the "Sweet race", while older people and school students ran the "VIP-race" (1195 m).

### The 4th Marathon Winners

| MEN  |   |                   |               |         | WOMEN |                     |               |         |
|------|---|-------------------|---------------|---------|-------|---------------------|---------------|---------|
| 42km | 1 | Imenin Alexander  | Ryazan        | 2:31:59 | 1     | Antropova Irina     | Rostov-on-don | 3:07:07 |
|      | 2 | Ponomarev Timur   | Voronezh      | 2:32:17 | 2     | Sycheva Tatyana     | Ryazan        | 3:09:20 |
|      | 3 | Loginov Vitaly    | Ivanovo       | 2:37:19 | 3     | Novikova Lyubov     | Borovsk       | 3:15:03 |
| 21km | 1 | Grigoriev Oleg    | Saratov       | 1:07:39 | 1     | Ryzhankova Julia    | Sary Oskol    | 1:27:12 |
|      | 2 | Leonenko Artem    | Tambov        | 1:09:43 | 2     | Skoblina Elena      | Moscow        | 1:34:49 |
|      | 3 | Ermakov Denis     | Zheleznogorsk | 1:13:25 | 3     | Sycheva Lyubov      | Ryazan        | 1:39:07 |
| 10km | 1 | Anisimov Alexey   | Voronezh      | 0:33:03 | 1     | Zaytseva Maria      | Balashov      | 0:40:41 |
|      | 2 | Getman Alexander  | Liski         | 0:33:07 | 2     | Dimitrenko Svetlana | Balashov      | 0:41:30 |
|      | 3 | Chernyshov Andrey | Lipetsk       | 0:33:13 | 3     | Lupanova Svetlana   | Smolino       | 0:41:50 |



# The 3<sup>th</sup> MARATHON «MUCHKAP-SHAPKINO - LUBO!»

## November 3, 2014

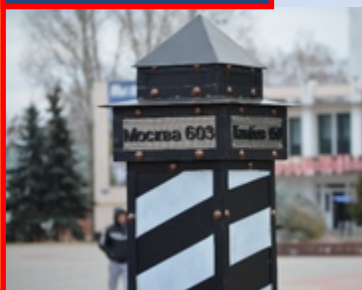


Tatiana Sycheva, #89,  
Ryazan, the winner of  
the marathon among  
women  
(3:06:31)

The 3<sup>rd</sup> marathon "Muchkap-Shapkinov-LUBO!" was held in the village of Muchkap, Tambov region, on November 3, 2014. Marathoners from more than 70 Russian cities and foreign countries participated in the race.

### The 3rd Marathon Winners

| MEN  |   |                    |              | WOMEN   |   |                      |           |         |
|------|---|--------------------|--------------|---------|---|----------------------|-----------|---------|
| 42km | 1 | Imenin Aleksandr   | Ryazan       | 2:28:01 | 1 | Sycheva Tatyana      | Ryazan    | 3:06:31 |
|      | 2 | Kyun Timofey       | Ryazan       | 2:47:19 | 2 | Novikova Lyubov      | Borovsk   | 3:06:33 |
|      | 3 | Ivoylov Andrey     | Saratov      | 2:48:08 | 3 | Abashova Yelena      | Volgograd | 3:16:47 |
| 21km | 1 | Khoroshilov Ruslan | Biryuch      | 1:09:08 | 1 | Sukhankina Viktoriya | Balashov  | 1:30:53 |
|      | 2 | Danilov Vasiliiy   | Shuya        | 1:15:50 | 2 | Prokhorova Nataliya  | Moscow    | 1:36:52 |
|      | 3 | Khorev Aleksandr   | Balashov     | 1:16:14 | 3 | Sycheva Lyubov       | Ryazan    | 1:38:27 |
| 10km | 1 | Chernyshov Andrey  | Lipetsk      | 0:36:01 | 1 | Kafarova Vera        | Balashov  | 0:45:38 |
|      | 2 | Makarenko Sergey   | Borisoglebsk | 0:36:27 | 2 | Zaytseva Maria       | Balashov  | 0:46:59 |
|      | 3 | Adzhoyan Mikhail   | Balashov     | 0:36:54 | 3 | Trubacheva Yevgeniya | Shatura   | 0:47:38 |



# The 2<sup>th</sup> MARATHON «MUCHKAP-SHAPKINO - *LUBO!*» November 3, 2013



The 2<sup>nd</sup> marathon “Muchkap-Shapkino – *LUBO!*» was held in 2013. More than 200 participants from 40 cities and villages ran marathon, half marathon, 10K, and 5K.

## The 2<sup>nd</sup> Marathon Winners

|      | MEN |                       |              | WOMEN   |   |                      |              |         |
|------|-----|-----------------------|--------------|---------|---|----------------------|--------------|---------|
| 42km | 1   | Imenin Aleksandr      | Ryazan       | 2:31:07 | 1 | Seregina Olga        | Kotovsk      | 3:13:34 |
|      | 2   | Kyun Timofey          | Ryazan       | 2:50:45 | 2 | Skobina Yelena       | Moscow       | 3:34:22 |
|      | 3   | Yegorkin Denis        | Yegoryevsk   | 2:51:30 | 3 | Golova Anna          | Moscow       | 3:59:34 |
| 21km | 1   | Leonenko Artem        | Uvarovo      | 1:16:51 | 1 | Trunova Olga         | Moscow       | 1:50:23 |
|      | 2   | Maksimov Pavel        | Tambov       | 1:17:46 | 2 | Boldyreva Viktoriya  | Michurinsk   | 1:52:20 |
|      | 3   | Pantuyukhov Aleksandr | Tambov       | 1:18:01 | 3 | Ivanova Gulnara      | Tambov       | 1:53:46 |
| 10km | 1   | Sherishorin Anton     | Kotovsk      | 0:35:03 | 1 | Yerokhina Aleksandra | Kotovsk      | 0:44:03 |
|      | 2   | Makarenko Sergey      | Borisoglebsk | 0:36:16 | 2 | Ivchenko Yuliya      | Moscow       | 0:49:59 |
|      | 3   | Solomatin Sergey      | Ryazan       | 0:36:23 | 3 | Martakova Darya      | Borisoglebsk | 0:53:01 |
| 5km  | 1   | Burlakov Sergey       | Taganrog     | 0:47:54 |   |                      |              |         |



The marathon winner is Aleksandr Imenin, № 1010, Ryazan – 2:31:07



# The 1<sup>st</sup> MARATHON «MUCHKAP-SHAPKINO - *LUBO!*»

## November 4, 2012



The 1<sup>st</sup> marathon «Muchkap-Shapkino – *Lubo!*» was held on November 4, 2012, in the village of Muchkap, Tambovskaya oblast. 71 racers from 28 Russian cities ran marathon, half-marathon, and 10K distances. More than 500 people participated in the «Sweet Race» and «VIP-Race».

### The 1<sup>st</sup> Marathon Winners

#### MEN

|       |                             |         |
|-------|-----------------------------|---------|
| 42 km | Antokhin Stanislav (Tambov) | 2:41:37 |
| 21 km | Medvedev Aleksandr (Tambov) | 1:24:27 |
| 10 km | Sherishorin Anton (Kotovsk) | 0:35:31 |

#### WOMEN

|       |                               |         |
|-------|-------------------------------|---------|
| 42 km | Seregina Olga (Kotovsk)       | 3:18:39 |
| 21 km | Prokhorova Nataliya (Korolev) | 1:37:27 |
| 10 km | Naumova Antonina (Tambov)     | 0:58:00 |



Stanislav Antokhin,  
The 1st marathon  
winner

